

## Pain Management

### Level 6 - 20 credits

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The course is delivered by a blended 50:50 approach, where 50% of the content is delivered face to face and 50% online.

#### Who is it for?

This course is aimed at qualified health care professionals who work in areas where they are caring for adults with pain. This course is also available at Level 7, for further information please visit

<http://www.nursing.manchester.ac.uk/postgraduate/cpd/modules/>

#### Key benefits

- Students attending this unit will develop the knowledge and skills required to provide evidence based interventions for patients with pain.
- The unit can be taken as a single course unit for continuing professional development (CPD) or as part of the Degree Programme.
- Clinical practice is undertaken in your own clinical area.
- Development of computer based technology skills.

#### What will I learn?

Health care professionals have a key role in pain management. The course is designed to maximize practitioners' existing knowledge and skills and help them provide evidence-based interventions in accurate assessment, prompt intervention and evaluation of pain relief measures to help patients and families experiencing pain.

#### How is the course assessed?

Formative and summative assessment is used. The summative assessment has two parts the first part advances the on-line work of each student into a critical evaluation of the care of one of their own patients. The second part explores the potential to change one aspect of pain management in their own place of work.

#### Attendance

The course runs part-time over 15 weeks and includes classroom based activities and online internet discussion support. For study dates, please see the Course Schedule at [www.nursing.manchester.ac.uk/undergraduate/cpd/](http://www.nursing.manchester.ac.uk/undergraduate/cpd/)

#### Dates of next intake

October 2014

NB. Course unit availability will be subject to minimum numbers.

#### Funding

Funding for the programme or individual course units may be available through the CPD Service Level Agreement (SLA) for staff working in the NHS in Greater Manchester (and in the case of some course units the wider North West). To access SLA funding each course unit must be approved by an authorised SLA signatory on

an individual basis. For more information applicants should contact the Education and Training lead within their organisation, Practice educator, or equivalent.

If not eligible for CPD SLA funding candidates may also apply with employer support or self-funding. The home fee for 2014-2015 will be £1080 for Level 6.

### **How do I apply?**

Applications must be received by the University by 5<sup>th</sup> August 2014 for the October 2014 intake.

**If you are being funded by Service Level Agreement, please contact your Trust and then apply online at [www.cpd-applynw.nhs.uk](http://www.cpd-applynw.nhs.uk)**

- **Pre-requisites**

- All Professionals should be active in the care of people in pain on a day to day basis
- Must have successfully studied at Level 5
- Must be registered with the NMC – if NMC registration is not appropriate, applicants must have achieved GCSE English at Grade C or above or equivalent.

- **HEI Additional Information/Personal statement**

- Should include details of your current post and your role working with people in pain and previous study at level 5 and level 6
- Outline the reasons why you wish to undertake this course unit and how undertaking the Pain Management would benefit your practice.

**If you are not being funded by SLA**, above pre-requisites also apply. Please send a completed CPD Application Form for stand-alone applications or a Funding and Support Confirmation Form for continuing degree students only to CPD Admissions Office, Jean McFarlane Building, The University of Manchester, Oxford Road, Manchester, M13 9PL or e-mail to [conted.nursing@manchester.ac.uk](mailto:conted.nursing@manchester.ac.uk)

Application forms and Funding and support confirmation forms (continuing degree students) are available from: [www.nursing.manchester.ac.uk/undergraduate/cpd](http://www.nursing.manchester.ac.uk/undergraduate/cpd) For other information, please telephone the Admissions Office on 0161 306 7604 or email [conted.nursing@manchester.ac.uk](mailto:conted.nursing@manchester.ac.uk)

### **Learning Outcomes**

#### **Knowledge and Understanding**

1. Critically analyse the physiological, behavioural and sociological aspects of pain and the potential influence on pain and pain perception.
2. Demonstrate an appreciation of the different types of pain and how management may differ in each situation.
3. Critically analyse the different treatment strategies pharmacological and non-pharmacological and their application in clinical practice.

#### **Intellectual Skills**

4. Critically evaluate and analyse pertinent topical issues associated with pain management
5. Demonstrate a critical appreciation of the research in this specialty and discuss opportunities for innovation through critical analysis and synthesis of evidence based practice.
6. Examine critically models of change and/or quality improvement strategies to identify ways of developing and improving pain management practice

**Practical Skills**

7. Examine critically models of change and/or quality improvement strategies to identify ways of developing and improving pain management practice
8. Demonstrate application and critical analysis of theoretical concepts in pain management to practice.
9. Identify aspects of own practice where improvement and enhancement could be made in light of the review and analysis of evidence based practice
10. Identify one area of pain management practice where currently best evidence may not be used adequately and develop a strategy for a practice development or innovation in relation to these areas and how the change may be disseminated

**Transferable Skills**

11. Develop information technology skills.
12. Participate in collaborative learning and peer support
13. Foster autonomous and independent learning.
14. Understand the role of leadership and developing or changing practice in relation to managing pain