

## **Developing Professional Practice in Dual Diagnosis**

### **Level 6 - 20 credits**

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**This course is currently under review and may also be available at Level 7 (postgraduate) from September 2015.**

#### **Who is it for?**

This course is aimed at all health/social care professionals who are working with individuals who have a mental health and a substance misuse problem.

#### **Key Benefits**

Students attending this course unit will develop the knowledge, skills and attitudes required in order to be effective in dealing with the problems encountered by a client or patient that has a dual diagnosis.

The unit can be taken as a single course unit for continuing professional development (CPD) or as part of the Degree Programme.

#### **What will I learn?**

The unit will help you to evaluate what impact personal and societal attitudes have towards the treatment of those with a diagnosis of substance misuse and mental health problems. The importance of developing a therapeutic, person-centred relationship in the context of attempting to increase a person's readiness to change will also be examined.

By the end of the unit you will be able to evaluate the extent to which commonly used interventions in dual diagnosis patients are effective. In addition the multifactorial nature of relapse will be considered, highlighting interpersonal, environmental and intrapersonal aspects of this complex phenomenon.

#### **How is the course assessed?**

The assessment is in two parts. The first is a 3000 word essay on a subject of your choice relevant to the client group. The second part of the assessment is a 15 minute presentation in which you will present a topic that is relevant to working with dual diagnosis service users.

#### **Attendance**

Part time, one day a week for 15 weeks. For study dates, please see the Course Schedule at [www.nursing.manchester.ac.uk/undergraduate/cpd/](http://www.nursing.manchester.ac.uk/undergraduate/cpd/)

#### **Dates of next intake**

September 2015

NB. Course unit availability will be subject to minimum numbers.

#### **Funding**

Funding for the programme or individual course units may be available through the CPD Service Level Agreement (SLA) for staff working in the NHS in Greater Manchester (and in the case of some course units the wider North West). To access SLA funding each course unit must be approved by an authorised SLA signatory on

an individual basis. For more information applicants should contact the Education and Training lead within their organisation, Practice educator, or equivalent.

If not eligible for CPD SLA funding candidates may also apply with employer support or self-funding. The home fee for 2015-2016 is to be confirmed.

### **How do I apply?**

Applications must be received by the University by July 2015 for the September 2015 intake.

**If you are being funded by Service Level Agreement**, please contact your Trust for further information and then apply online at [www.cpd-applynw.nhs.uk](http://www.cpd-applynw.nhs.uk)

- **Pre-requisites**

- Must work in a setting in which there are service users who are experiencing mental health problems but who also have difficulties with alcohol and/or drugs
- Must work at least 18 hours per week
- Must have at least six months experience in a related field
- Must have successfully studied at Level 5
- Must be registered with the NMC – if NMC registration is not appropriate, applicants must have achieved GCSE English at Grade C or above or equivalent.

- **Supporting information and personal statement**

- Should include details of your current post and your role and previous study at level 5 and 6
- Outline the reasons why you wish to undertake this course unit.

**If you are not being funded by SLA**, above pre-requisites also apply. Please send a completed CPD Application Form for stand-alone applications or a Funding and Support Confirmation Form for continuing degree students only to CPD Admissions Office, Jean McFarlane Building, The University of Manchester, Oxford Road, Manchester, M13 9PL or e-mail to [conted.nursing@manchester.ac.uk](mailto:conted.nursing@manchester.ac.uk)

Application forms and Funding and support confirmation forms (continuing degree students) are available from: [www.nursing.manchester.ac.uk/undergraduate/cpd](http://www.nursing.manchester.ac.uk/undergraduate/cpd) For other information, please telephone the Admissions Office on 0161 306 7604 or email [conted.nursing@manchester.ac.uk](mailto:conted.nursing@manchester.ac.uk)

### **Learning Outcomes**

#### **Knowledge and Understanding**

1. Critically examine various definitions of dual diagnosis and their relationship to the planning and delivery of care.
2. Critically examine a wide variety of rationales and perspectives that underpin dual diagnosis.
3. Critically evaluate how the effects of the main types of substances of misuse impact on a range of mental health problems.

#### **Intellectual Skills**

4. Critically examine how the assessment of the client with substance and mental health problems is influenced and shaped by the context in which dual diagnosis take place.

5. Critically examine the role of harm minimisation in the management of dual diagnosis and how it impacts on legal, moral and ethical issues.
6. Critically review a variety of screening and assessment tools and how further developments might impact on dually diagnosed patients.

**Transferable Skills**

7. Critically examine the rationale and efficacy of evidence based specific strategies that are used in promoting the health of dually diagnosed clients which are sensitive to and reflect the patient/clients race and culture.
8. Critically review the impact of dual diagnosis on families and significant others.
9. Critically evaluate a variety of tools used to measure treatment outcomes.