

**National Research Ethics Service**  
**North West 5 Research Ethics Committee – Haydock Park**

North West Centre for Research Ethics Committees  
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20 December 2010

**Dr Kath Watson**  
**BSRBR Study Co-ordinator and**  
**Manager of Pharmacovigilance Studies**  
**Biologic Studies Group**  
**Unit 4 Rutherford House**  
**Manchester Science Park**  
**Manchester M15 6SZ**

Dear Dr Watson

**Study title:** Prospective observational study of the long-term hazards of anti-TNF therapy in rheumatoid arthritis  
**REC reference:** 00/8/053  
**Amendment number:** 23 November 2010  
**Amendment date:** 29 November 2010

The above amendment was reviewed at the meeting of the Sub-Committee held on 14 December 2010.

**Ethical opinion**

The amendment (dated 23 November 2010) requested approval for the addition of a further biologic drug to the Register – certolizumab pegol – and to introduce a new anti-TNF comparison cohort.

A new anti-TNF drug – certolizumab pegol – has been approved for use in rheumatoid arthritis in the UK. The BSRBR intends to recruit 2000 patients who are receiving certolizumab pegol over a three year period and to collect follow-up data for a minimum of five years. Baseline data collection and follow-up will be the same as for the current biologic therapy cohorts.

A high proportion of patients who are eligible to start certolizumab pegol in routine clinical care will have already been exposed to other biologic therapies (unless contraindicated) and therefore it is proposed that the certolizumab pegol cohort is compared with two non-certolizumab pegol reference cohorts.

A comprehensive rationale and justification had been submitted in support of the amendment. In addition, a specific certolizumab pegol Protocol, DAS23 3 Months Form, Consultant Baseline and Follow-up Questionnaires, an Extension Follow-up Form and Short Baseline Form had been submitted for ethical review.

The Sub-Committee identified no ethical issues with the proposed amendment



The members of the Committee taking part in the review gave a favourable ethical opinion of the amendment on the basis described in the notice of amendment form and supporting documentation.

### Approved documents

The documents reviewed and approved at the meeting were:

| <i>Document</i>   | <i>Version</i> | <i>Date</i>      |
|---|----------------|------------------|
| Covering Letter: From Dr Kath Watson, BSRBR Study Co-ordinator and Manager of Pharmacovigilance Studies |                | 30 November 2010 |
| Notice of Substantial Amendment (non-CTIMPs): 23 November 2010  |                | 29 November 2010 |
| Protocol: BSRBR Certolizumab substudy   | 3              | 15 November 2010 |
| DAS 28 collection- 3 months after drug start  | 1              | 22 October 2010  |
| Short Baseline Form   | 1              | 04 November 2010 |
| Questionnaire: Consultant Baseline Questionnaire  | 8              | 23 November 2010 |
| Questionnaire: Extended Follow-Up Questionnaire   | 3              | 04 November 2010 |
| Questionnaire: Consultant 6 monthly follow-up questionnaire   | 8              | 23 November 2010 |
| NICE quick reference guide - Certolizumab pegol for the treatment of rheumatoid arthritis               |                | 01 February 2010 |

### Membership of the Committee

The members of the Committee who took part in the review are listed on the attached sheet.

### R&D approval

All investigators and research collaborators in the NHS should notify the R&D office for the relevant NHS care organisation of this amendment and check whether it affects R&D approval of the research.

### Statement of compliance

The Committee is constituted in accordance with the Governance Arrangements for Research Ethics Committees (July 2001) and complies fully with the Standard Operating Procedures for Research Ethics Committees in the UK.

**00/8/053:**

**Please quote this number on all correspondence**

Yours sincerely



**Noel Graham**  
Committee Co-ordinator

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**Enclosures:** List of names and professions of members who took part in the review

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Head of University Research Office  
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## North West 5 Research Ethics Committee – Haydock Park

Attendance at Sub-Committee meeting held on 14 December 2010

**Present:**

| <i>Name</i>                     | <i>Profession</i>  | <i>Capacity</i> |
|---------------------------------|--|-----------------|
| Professor Caroline Carlisle     | Visiting Professor to the Department of General Practice and Primary Care– The University of Glasgow | Expert          |
| Mr Stephen Edgar                | Designer   | Lay             |
| Dr Michael U Eshiett            | Consultant Physician   | Expert          |
| Professor Ravi S Gulati - Chair | Consultant Physician   | Expert          |
| Mrs Chris Haywood               | Nurse and Head of Hospice Services   | Expert          |
| Dr Ben Johnson                  | Consultant Psychiatrist  | Expert          |
| Mr Charles Otim                 | Research Support Officer   | Lay             |
| Mr Alan Rigby                   | Medical Statistician   | Expert          |
| Dr Valerie E Siddall            | Retired Senior Manager - Pharmaceutical Industry   | Lay             |
| Dr Tim S Sprosen – Vice Chair   | Chief Scientific Officer – UK Biobank  | Expert          |

**Also in attendance:**

| <i>Name</i>          | <i>Position (or reason for attending)</i> |
|----------------------|---|
| Mr Noel Graham       | Committee Co-ordinator                    |
| Miss Helen Penistone | Assistant Committee Co-ordinator          |